






PE KIT EXPECTATION

Tops					<p>Students may opt for a buttoned or open neck polo, whichever is most appropriate for their sport or preference.</p> <p>The games jersey is recommended for rugby and football in both PE lessons and extra-curricular activities.</p>
	Polo shirt with buttons	Open neck polo	Games Jersey – more robust and more suitable for rugby/colder days	1/4-zip top (optional) – suitable for colder days	
Bottoms					
	Shorts	Skort	Leggings	Lycra shorts	Tracksuit bottoms
Students may opt for a skort or shorts, whichever is most appropriate for their sport or preference.			The above should be sports-appropriate, black, and with only a small logo/branding.		



<p style="text-align: center;">Miscellaneous</p>	 <p style="text-align: center;">Games socks</p>	<p style="text-align: center;">Swimming costumes</p> 	<p style="text-align: center;">Footwear and other safety equipment.</p> 	<p>Jewellery is not permitted in PE and extra-curricular activities for safety reasons.</p>
	<p style="text-align: center;">Notes</p>	<p>Socks Short white/black sports socks are permitted, especially for indoor sports. Games socks are required for football, rugby, and hockey.</p>	<p>Swimwear should be "pool/swimming appropriate" and it "should not inhibit movement/safety in the pool". No bikinis are permitted. Students are welcome to wear a swimming t-shirt (rash vest - not a normal t-shirt). Students will be informed in advance if they are timetabled to swim.</p>	<p>Trainers with non-marking soles are required.</p> <p>Football boots will be needed for rugby and football.</p> <p>Shin guards are recommended for relevant PE lessons and compulsory for inter school and inter SAM fixtures.</p> <p>Gumshields are compulsory for contact rugby; students cannot do contact in lessons or games without one.</p>